



ALASKA USA WRESTLING (AUSAW)  
2026 FOLKSTYLE, GRECO-ROMAN & FREESTYLE STATE CHAMPIONSHIPS

**All 3 days FREE live video streaming to YouTube**

**DAILY SCHEDULE**

**Thursday – April 30**

- **7:00-8:00am: onsite registration and weigh in**
- **9:00am: Coaches & Officials Meeting and Folkstyle Clinic**
- **Bracket changes by 9:40am**
- **10:00am: Wrestling begins**
- **6:00-7:30pm: onsite registration & weigh in for Friday/Saturday tournaments**
- **Awards Presentation: When wrestling is complete**
- **Start time: within ½ hour of Folkstyle Tournament completion and no later than 7:00pm: USAW OEP Clinic: Required for those M3 officials who want to upgrade to M2 and open to all other coaches and officials.**

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**Friday – May 1**

- **7:00am: Doors open**
- **8:00am: Mandatory Coaches & Officials Meeting**
- **Bracket changes by 8:45am**
- **9:30am: Wrestling begins**
- **6:00-7:30pm: onsite registration & weigh in for Saturday tournaments**
- **Awards Presentation: When wrestling is complete**

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**Saturday – May 2**

- **7:00am: Doors open**
- **8:00am: Mandatory Coaches & Officials Meeting**
- **Bracket changes by 8:45am**
- **9:00am: Opening Ceremonies & Parade of Teams**
- **9:30am: Wrestling begins**
- **Awards Presentation: When wrestling is complete and the mats are rolled up**